




The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. Your employer has established a health reimbursement arrangement (HRA) that you can use to pay for eligible out-of-pocket expenses during the Plan Year. **NOTE:** Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, go to [benefits4nemours.com](https://benefits4nemours.com) or call (844) 460-2817. For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms see the Glossary. You can view the Glossary at <https://www.healthcare.gov/sbc-glossary/> or call Care Coordinators at (844) 460-2817 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <a href="#">deductible</a> ?	In- <a href="#">network</a> : Individual \$1,200 / Family \$2,400. Out-of- <a href="#">network</a> : Individual \$2,400 / Family \$4,800	Generally, you must pay all of the costs from <a href="#">providers</a> up to the <a href="#">deductible</a> amount before this <a href="#">plan</a> begins to pay. If you have other family members on the <a href="#">plan</a> , each family member must meet their own individual <a href="#">deductible</a> until the total amount of <a href="#">deductible</a> expenses paid by all family members meets the overall family <a href="#">deductible</a> .
Are there services covered before you meet your <a href="#">deductible</a> ?	Yes. For participating <a href="#">providers</a> : <a href="#">Preventive care</a> , routine eye exam, <a href="#">urgent care</a> (all <a href="#">providers</a> ), <a href="#">emergency room care</a> (including <a href="#">emergency services</a> for non-participating <a href="#">providers</a> ), <a href="#">emergency medical transportation</a> (all <a href="#">providers</a> ), <a href="#">rehabilitation services</a> , <a href="#">habilitation</a> services, and office visit charges are covered before you meet your <a href="#">deductible</a> .	This <a href="#">plan</a> covers some items and services even if you haven't yet met the <a href="#">deductible</a> amount. But a <a href="#">copayment</a> or <a href="#">coinsurance</a> may apply. For example, this <a href="#">plan</a> covers certain <a href="#">preventive services</a> without <a href="#">cost-sharing</a> and before you meet your <a href="#">deductible</a> . See a list of covered <a href="#">preventive services</a> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other <a href="#">deductibles</a> for specific services?	No	You don't have to meet <a href="#">deductibles</a> for specific services.
What is the <a href="#">out-of-pocket limit</a> for this <a href="#">plan</a> ?	In- <a href="#">network</a> : Individual \$4,000 / Family \$8,000. Out-of- <a href="#">network</a> : Individual \$8,000 / Family \$16,000	The <a href="#">out-of-pocket limit</a> is the most you could pay in a year for covered services. If you have other family members in this <a href="#">plan</a> , they have to meet their own <a href="#">out-of-pocket limits</a> until the overall family <a href="#">out-of-pocket limit</a> has been met.
What is not included in the <a href="#">out-of-pocket limit</a> ?	<a href="#">Premiums</a> , <a href="#">balance-billing</a> charges & health care this plan doesn't cover	Even though you pay these expenses, they don't count toward the <a href="#">out-of-pocket limit</a> .

Will you pay less if you use a <a href="#">network provider</a> ?	Yes. See <a href="#">benefits4nemours.com</a> or call: (844) 460-2817 for a list of in- <a href="#">network providers</a> . See <a href="#">www.express-scripts.com</a> or call 1-844-394-2932 for a list of in- <a href="#">network</a> pharmacies	This <a href="#">plan</a> uses a provider <a href="#">network</a> . You will pay less if you use a <a href="#">provider</a> in the plan's <a href="#">network</a> . You will pay the most if you use an <a href="#">out-of-network provider</a> , and you might receive a bill from a <a href="#">provider</a> for the difference between the provider's charge and what your <a href="#">plan</a> pays ( <a href="#">balance billing</a> ). Be aware, your <a href="#">network provider</a> might use an <a href="#">out-of-network provider</a> for some services (such as lab work). Check with your <a href="#">provider</a> before you get services
Do you need a <a href="#">referral</a> to see a <a href="#">specialist</a> ?	No	You can see the <a href="#">specialist</a> you choose without a <a href="#">referral</a> .
Is a Health Reimbursement Arrangement (HRA) available under this plan option?	Yes. \$1,000 individual/ \$2,000 family	An HRA is an account that is set up and contributed to by your employer. You may not make any contributions to the HRA. The HRA may only be used to pay a portion of your out-of-pocket expenses incurred under the plan.

 All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you visit a health care <a href="#">provider's</a> office or clinic	Primary care visit to treat an injury or illness	\$40 <a href="#">copay</a> /visit	50% <a href="#">coinsurance</a>	<a href="#">Copay</a> applies to the physician office visit only. Includes telemedicine. You pay a \$35 copay (deductible does not apply) if you receive consultation services through Teladoc (available for ages 18 and older) or a \$15 copay for children on the Nemours App.
	<a href="#">Specialist</a> visit	\$50 <a href="#">copay</a>	50% <a href="#">coinsurance</a>	
	<a href="#">Preventive care</a> / <a href="#">screening</a> / immunization	No charge	50% <a href="#">coinsurance</a>	Preventive coverage as identified in Preventive Health Guidelines and ACA requirements. You may have to pay for services that aren't preventive. Ask your <a href="#">provider</a> if the services needed are preventive. Then check what your <a href="#">plan</a> will pay for.
If you have a test	<a href="#">Diagnostic test</a> (x-ray, blood work)	30% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	None
	Imaging (CT/PET scans,	30% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	None

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
	MRIs)			
<b>If you need drugs to treat your illness or condition</b>  More information about <a href="http://www.express-scripts.com">prescription drug coverage</a> is available at <a href="http://www.express-scripts.com">www.express-scripts.com</a>	Generic drugs	Retail \$10 <a href="#">copay</a> Mail order \$25 <a href="#">copay</a>	Not covered	None
	Preferred brand drugs	20% <a href="#">coinsurance</a> Retail Min. \$30, Max \$60 Mail order Min. \$75, Max \$150	Not covered	None
	Non-preferred brand drugs	40% <a href="#">coinsurance</a> Retail Min. \$60, Max \$120 Mail order Min. \$150, Max \$300	Not covered	None
	<a href="#">Specialty drugs</a>	20% <a href="#">coinsurance</a> Retail Min. \$100, Max \$200	Not covered	Mostly injectable drugs administered in the physician's office. Manufacturer assistance for the drugs on the SaveOnSP list will not be used to satisfy the <a href="#">deductible</a> and out-of-pocket maximum
<b>If you have outpatient surgery</b>	Facility fee (e.g., ambulatory surgery center)	30% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	<a href="#">Preauthorization</a> required
	Physician/surgeon fees	30% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	<a href="#">Preauthorization</a> required. <a href="#">Coinsurance</a> for certain procedures may vary if using a Carrum Centers of Excellence provider
<b>If you need immediate medical attention</b>	<a href="#">Emergency room care</a>	\$250 <a href="#">copay</a> /visit; <a href="#">deductible</a> does not apply	\$250 <a href="#">copay</a> /visit; <a href="#">deductible</a> does not apply	Non-participating <a href="#">providers</a> paid at the participating provider level of benefits for <a href="#">emergency services</a> . <a href="#">Copay</a> is waived if admitted to the hospital.
	<a href="#">Emergency medical transportation</a>	\$50 <a href="#">copay</a> /trip; <a href="#">deductible</a> does not apply	\$50 <a href="#">copay</a> /trip; <a href="#">deductible</a> does not apply	None
	<a href="#">Urgent care</a>	\$50 <a href="#">copay</a> /visit; <a href="#">deductible</a> does not apply	\$50 <a href="#">copay</a> /visit; <a href="#">deductible</a> does not apply	None

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you have a hospital stay	Facility fee (e.g., hospital room)	30% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	Unauthorized care will be denied
	Physician/surgeon fees	30% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	Unauthorized care will be denied
If you need mental health, behavioral health, or substance abuse services	Outpatient services	\$40 <a href="#">copay</a>	50% <a href="#">coinsurance</a>	8 mental health coaching or therapy sessions for you, your family, and dependents (per person per year), delivered through Lyra Health, at no cost to you. Additional sessions are available at the outpatient services cost share if you are enrolled. Teladoc services are available at \$40 copay/visit. Unauthorized care will be denied
	Inpatient services	30% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	Unauthorized care will be denied
Infertility	Infertility Treatment	30% <a href="#">coinsurance</a>	Not covered	2 Smart Cycles per lifetime. Fertility treatments are administered through Progyny. Please call Progyny at <b>1-844-930-3289</b> to activate benefit.
If you are pregnant	Office visits	30% coinsurance	50% <a href="#">coinsurance</a>	<a href="#">Preauthorization</a> required for inpatient hospital stays in excess of 48 hrs. (vaginal delivery) or 96 hrs. (c-section). <a href="#">Cost sharing</a> does not apply to <a href="#">preventive services</a> from a participating provider. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).
	Childbirth/delivery professional services	30% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	
	Childbirth/delivery facility services	30% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	
If you need help recovering or have other special health needs	<a href="#">Home health care</a>	30% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	100 visits/calendar year. Unauthorized care will be denied.
	<a href="#">Rehabilitation services</a>	\$50 <a href="#">copay</a> /visit; <a href="#">deductible</a> does not apply	50% <a href="#">coinsurance</a>	Physical, speech/hearing & occupational therapy limited to 50 visits per each type of

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
				therapy per year.
	<a href="#">Habilitation services</a>	\$50 <a href="#">copay</a> /visit; <a href="#">deductible</a> does not apply	50% <a href="#">coinsurance</a>	Limited to 50 visits per year through age 19.
	<a href="#">Skilled nursing care</a>	30% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	120 days/confinement. Unauthorized care will be denied.
	<a href="#">Durable medical equipment</a>	30% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	<a href="#">Preauthorization</a> required for rentals or purchase over \$1,500.
	<a href="#">Hospice services</a>	30% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	Bereavement counseling is covered. <a href="#">Preauthorization</a> required.
If your child needs dental or eye care	Children's eye exam	No charge for preventive visit	50% <a href="#">coinsurance</a>	1 routine eye exam/12 months
	Children's glasses	Not covered	Not covered	Not covered
	Children's dental check-up	Not covered	Not covered	Not covered

### Excluded Services & Other Covered Services:

Services Your <a href="#">Plan</a> Generally Does NOT Cover (Check your policy or <a href="#">plan</a> document for more information and a list of any other <a href="#">excluded services</a> .)			
• Cosmetic Surgery	• Long-term care	• Routine foot care	
• Dental Care (Adult & Child)	• Non-emergency care when traveling outside the U.S.	• Weight loss programs – Except for required <a href="#">preventive services</a>	

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <a href="#">plan</a> document.)			
• Acupuncture – 10 visits/calendar year	• Hearing Aids – 1 hearing aid per ear/36 months for children up to age 20	• Private-Duty Nursing – 30-8-hour shifts/calendar year	
• Bariatric Surgery	• Routine Eye Care (1 routine exam per 12 months)	• Infertility treatment	
• Chiropractic Care – 30 visits/calendar year			

**Your Rights to Continue Coverage:** There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: The U.S. Department of Labor, Employee Benefits Security Administration at (866) 444-3272 or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform) or Care Coordinators at (844) 460-2817. Other coverage options may be available to you, too, including buying individual insurance coverage through the [Health Insurance Marketplace](#). For more information about the [Marketplace](#), visit [www.HealthCare.gov](http://www.HealthCare.gov) or call 1-800-318- 2596.

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information on how to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact: The U.S. Department of Labor, Employee Benefits Security Administration at (866) 444-3272 or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform) or Care Coordinators at (844) 460-2817.

**Does this plan provide Minimum Essential Coverage? Yes.**

[Minimum Essential Coverage](#) generally includes [plans](#), [health insurance](#) available through the [Marketplace](#) or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of [Minimum Essential Coverage](#), you may not be eligible for the [premium tax credit](#).

**Does this plan meet the Minimum Value Standards? Yes.**

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

#### **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-378-1179.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-378-1179.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-800-378-1179.

Navajo (Dine): Dineke'ehgo shika at'ohwol ninisingo, kwijigo holne'1-800-378-1179.

*To see examples of how this [plan](#) might cover costs for a sample medical situation, see the next section.*

## About these Coverage Examples:



**This is not a cost estimator.** Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost-sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

### Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

- The [plan's](#) overall [deductible](#) \$1,200
- [Specialist copayment](#) \$50
- Hospital (facility) [coinsurance](#) 30%
- Other [coinsurance](#) 30%

This EXAMPLE event includes services like:

[Specialist](#) office visits (*prenatal care*)  
 Childbirth/Delivery Professional Services  
 Childbirth/Delivery Facility Services  
[Diagnostic tests](#) (*ultrasounds and blood work*)  
[Specialist](#) visit (*anesthesia*)

Total Example Cost	\$12,700
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In this example, Peg would pay:

<a href="#">Cost Sharing</a>	
<a href="#">Deductibles</a>	\$1,200
<a href="#">Copayments</a>	\$10
<a href="#">Coinsurance</a>	\$2,800
<i>What isn't covered</i>	
Limits or exclusions	\$60

Total Example Cost	\$12,700
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The total Peg would pay is	\$4,070
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### Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

- The [plan's](#) overall [deductible](#) \$1,200
- [Specialist copayment](#) \$50
- Hospital (facility) [coinsurance](#) 30%
- Other [coinsurance](#) 30%

This EXAMPLE event includes services like:

[Primary care physician](#) office visits (*including disease education*)  
[Diagnostic tests](#) (*blood work*)  
[Prescription drugs](#)  
[Durable medical equipment](#) (*glucose meter*)

Total Example Cost	\$5,600
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In this example, Joe would pay:

<a href="#">Cost Sharing</a>	
<a href="#">Deductibles</a>	\$900
<a href="#">Copayments</a>	\$1,200
<a href="#">Coinsurance</a>	\$60

Total Example Cost	\$5,600
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*What isn't covered*

Limits or exclusions	\$20
The total Joe would pay is	\$2,120

### Mia's Simple Fracture

(in-network emergency room visit and follow up care)

- The [plan's](#) overall [deductible](#) \$1,200
- [Specialist copayment](#) \$50
- Hospital (facility) [coinsurance](#) 30%
- Other [coinsurance](#) 30%

This EXAMPLE event includes services like:

[Emergency room care](#) (*including medical supplies*)  
[Diagnostic test](#) (*x-ray*)  
[Durable medical equipment](#) (*crutches*)  
[Rehabilitation services](#) (*physical therapy*)

Total Example Cost	\$2,800
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In this example, Mia would pay:

<a href="#">Cost Sharing</a>	
<a href="#">Deductibles</a>	\$800



<b>Total Example Cost</b>	<b>\$2,800</b>
<a href="#">Copayments</a>	\$700
<a href="#">Coinsurance</a>	\$0

<b>Total Example Cost</b>	<b>\$2,800</b>
<i>What isn't covered</i>	
Limits or exclusions	\$0

<b>Total Example Cost</b>	<b>\$2,800</b>
<b>The total Mia would pay is</b>	<b>\$1,500</b>

Note: The member paid amount is subject to out-of-pocket limit. Additionally, If you participate in the HRA, it will pay for or reimburse you for certain qualified medical expenses, up to the balance available in your HRA.

The [plan](#) would be responsible for the other costs of these EXAMPLE covered services.