Nemours Children's Health Associate Benefit Plan: High PPO HRA Plan (previously Red HRA Plan) Coverage for: Individual + Family | Plan Type: PPO/Rx



The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. Your employer has established a health reimbursement arrangement (HRA) that you can use to pay for eligible out-of-pocket expenses during the Plan Year. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, go to benefits4nemours.com or call (844) 460-2817. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at https://www.healthcare.gov/sbc-glossary/ or call (844) 460-2817 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$250 per child for services provided by Nemours, All other in-network \$500 individual / \$1,000 family, \$1,000 individual / \$2,000 family out-of- network	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. For participating <u>providers</u> : <u>Preventive care</u> ,routine eye exam, urgent care (all <u>providers</u>), <u>emergency room care</u> (including <u>emergency services</u> for non-participating <u>providers</u>), <u>emergency medical transportation</u> (all <u>providers</u>), <u>rehabilitation services</u> , <u>habilitation services</u> , and office visit charges are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	No	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	In- <u>network</u> : Individual \$4,000 / Family \$8,000. Out–of– <u>network</u> : Individual \$8,000 / Family \$16,000	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges & health care this plan doesn't cover	Even though you pay these expenses, they don't count toward the out-of-pocket limit.

(DT - OMB control number: 1545-0047/Expiration Date: 12/31/2019) (DOL - OMB control number: 1210-0147/Expiration date: 5/31/2022) (HHS - OMB control number: 0938-1146/Expiration date: 10/31/2022)

Important Questions	Answers	Why This Matters:
use a <u>network provider</u> ?	Yes. See benefits4nemours.com or call: (844) 460-2817 for a list of in-network providers. See www.express-scripts.com or call (844) 394-2932 for a list of in-network pharmacies	This <u>plan</u> uses a provider <u>network</u> . You will pay the least if you use a Nemours <u>provider</u> for eligible care. You pay more if you use any other in-network provider. You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you receive services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No	You can see the specialist you choose without a referral.
Is a Health Reimbursement Arrangement (HRA) available under this plan option?	Yes. Individual \$1,000 / Family \$2,000	An HRA is an account that is set up and contributed to by your employer. You may not make any contributions to the HRA. The HRA may only be used to pay a portion of your out-of-pocket expenses incurred under the plan.

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All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

		What You Will Pay		Limitations, Exceptions, & Other
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information
If you visit a health care provider's office or	Primary care visit to treat an injury or illness	\$0 copay/visit with Nemours providers, \$30 copay/visit all other in- network providers	40% coinsurance	Copay applies to the physician office visit only. You pay a \$0 copay (deductible does not apply) if you receive consultation services through Teladoc for urgent care (available for ages 18 and older) and \$0 for children on the Nemours Children's Health MyChartApp.
	Specialist visit	\$0 copay/visit with Nemours providers, \$40 copay/visit all other in- network providers	40% coinsurance	
clinic	Preventive care/screening/ immunization	No charge	40% coinsurance	Preventive coverage as identified in Preventive Health Guidelines and ACA requirements. You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.
If you have a test	Diagnostic test (x-ray, blood	20% coinsurance	40% coinsurance	None

 $^{[^\}star$ For more information about limitations and exceptions, see the $\underline{\text{plan}}$ or policy document]

		What You Will Pay		Limitations, Exceptions, & Other	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information	
	work)				
	Imaging (CT/PET scans, MRIs)	20% coinsurance	40% coinsurance	None	
	Generic drugs	Retail \$10 <u>copay</u> Mail order \$25 <u>copay</u>	Not covered	None	
If you need drugs to treat your illness or condition	Preferred brand drugs	20% <u>coinsurance</u> Retail Min. \$30, Max \$60 Mail order Min. \$75, Max \$150	Not covered	None	
More information about prescription drug coverage is available at	Non-preferred brand drugs	40% coinsurance Retail Min. \$60, Max \$120 Mail order Min. \$150, Max \$300	Not covered	None	
www.express-scripts.com	Specialty drugs	20% <u>coinsurance</u> Retail Min. \$100, Max \$200	Not covered	Mostly injectable drugs administered in the physician's office. Manufacturer assistance for the drugs on the SaveOnSP list will not be used to satisfy the deductible and out-of-pocket maximum	
If you have autosticut	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	40% coinsurance	Preauthorization required	
If you have outpatient surgery	Physician/surgeon fees	20% coinsurance	40% coinsurance	Preauthorization required. Coinsurance for certain procedures may be reduced if using Carrum Centers of Excellence provider	
If you need immediate	Emergency room care	\$250 <u>copay</u> /visit; <u>deductible</u> does not apply	\$250 copay/visit; deductible does not apply	Non-participating <u>providers</u> paid at the participating provider level of benefits for <u>emergency services</u> . <u>Copay</u> is waived if admitted to the hospital.	
If you need immediate medical attention	Emergency medical transportation	\$50 <u>copay</u> /trip; <u>deductible</u> does not apply	\$50 <u>copay</u> /trip; <u>deductible</u> does not apply	None	
	Urgent care	\$50 <u>copay</u> /visit; <u>deductible</u> does not apply	\$50 <u>copay</u> /visit; <u>deductible</u> does not apply	You pay a \$0 copay (deductible does not apply) if you receive consultation services through Teladoc for urgent care (available	

^{[*} For more information about limitations and exceptions, see the <u>plan</u> or policy document]

		What You Will Pay		Limitations, Exceptions, & Other	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information	
				for ages 18 and older) and \$0 for children on the Nemours Children's Health MyChartApp.	
If you have a hospital	Facility fee (e.g., hospital room)	20% coinsurance	40% coinsurance	Unauthorized care will be denied	
stay	Physician/surgeon fees	20% coinsurance	40% coinsurance	Unauthorized care will be denied	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	\$0 copay/visit with Nemours providers, \$30 copay/visit all other in- network	Office Visit: 40% coinsurance Other outpatient: 40% coinsurance	Employee Assistance Program: 8 mental health coaching or therapy sessions for you, your family, and dependents (per person per year), delivered through Lyra Health, at no cost to you. Additional sessions are available at the outpatient services cost share if you are enrolled. Teladoc behavioral health services are available at \$30 copay/visit. Unauthorized care will be denied	
	Inpatient services	20% coinsurance	40% coinsurance	Unauthorized care will be denied	
Infertility	Infertility Treatment	20% coinsurance	Not covered	2 Smart Cycles per lifetime. Fertility treatments are administered through Progyny. Please call Progyny at (844) 930-3289 to activate benefits.	
	Office visits	20% coinsurance	40% coinsurance	Preauthorization required for inpatient hospital stays in excess of 48 hrs. (vaginal	
If you are pregnant	Childbirth/delivery professional services	20% coinsurance	40% coinsurance	delivery) or 96 hrs. (c-section). Cost sharing does not apply to preventive services from a	
	Childbirth/delivery facility services	20% coinsurance	40% coinsurance	participating provider. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).	
If you need help recovering or have	Home health care	20% coinsurance	40% coinsurance	100 visits/calendar year. Unauthorized care will be denied.	

 $^{[^\}star$ For more information about limitations and exceptions, see the $\underline{\text{plan}}$ or policy document]

	What You Will Pay		u Will Pay	Limitations, Exceptions, & Other
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information
other special health needs	Rehabilitation services	\$40 <u>copay</u> /visit; <u>deductible</u> does not apply	40%	Physical, speech/hearing & occupational therapy limited to 50 visits per each type of therapy per year.
	Habilitation services	\$40 <u>copay</u> /visit; <u>deductible</u> does not apply	40%	Limited to 50 visits per year through age 19.
	Skilled nursing care	20% coinsurance	40% coinsurance	120 days/confinement. Unauthorized care will be denied.
	Durable medical equipment	20% coinsurance	40% coinsurance	Preauthorization required for rentals or purchase over \$1,500.
	Hospice services	20% coinsurance	40% coinsurance	Bereavement counseling is covered. <u>Preauthorization</u> required
	Children's eye exam	No charge for a preventive visit	40% coinsurance	1 routine eye exam/12 months
If your child needs dental or eye care	Children's glasses	Not covered	Not covered	Not covered
	Children's dental check-up	Not covered	Not covered	Not covered

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Cosmetic Surgery
- Dental Care (Adult & Child)

- Long-term care
- Non-emergency care when traveling outside the U.S.
- Routine foot care
- Weight loss programs Except for required preventive services

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture 10 visits/calendar year
- Bariatric Surgery
- Chiropractic Care 30 visits/calendar year
- Hearing Aids 1 hearing aid per ear/36 months for children up to age 20
- Routine Eye Care (1 routine exam per 12 months)
- Private-Duty Nursing 30-8-hour shifts/calendar year
- Infertility treatment

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: The U.S. Department of Labor, Employee Benefits Security Administration at (866) 444-3272 or www.dol.gov/ebsa/healthreform or Care Coordinators at (844) 460-2817. Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.health.care.gov or call 1-800-318- 2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: The U.S. Department of Labor, Employee Benefits Security Administration at (866) 444-3272 or <u>www.dol.gov/ebsa/healthreform</u> or Care Coordinators at (844) 460-2817.

Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Paraobtener asistencia en Español, llame al 1-800-378-1179.

[* For more information about limitations and exceptions, see the plan or policy document]

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-378-1179.

Chinese (中文):如果需要中文的帮助,请拨打这个号码1-800-378-1179.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne'1-800-378-1179.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$500
■ Specialist copayment	\$40
■ Hospital (facility) coinsurance	20%
Other coinsurance	20%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700
In this example, Peg would pay:	
Cost Sharing	
Deductibles	\$500
Copayments	\$10
Coinsurance	\$2,400
What isn't covered	

Total Example Cost	\$12,700
Limits or exclusions	\$60
The total Peg would pay is	\$2,970

Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$500
■ Specialist copayment	\$40
■ Hospital (facility) coinsurance	20%
■ Other coinsurance	20%

This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

<u>Durable medical equipment</u> (glucose meter)

Total Example Cost	\$5,600	
In this example, Joe would pay:		
Cost Sharing		
Deductibles	\$500	

Total Example Cost	\$5,600
Copayments	\$1,100
Coinsurance	\$80
What isn't covered	
Limits or exclusions	\$20
The total Joe would pay is	\$1,700

Mia's Simple Fracture twork emergency room visit and follow

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$500
■ Specialist copayment	\$40
■ Hospital (facility) coinsurance	20%
■ Other coinsurance	20%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800	Total Example Cost	\$2,800	Total Example Cost
In this example, Mia would pay:		Copayments	\$600	Limits or exclusions
<u>Cost Sharing</u>		Coinsurance	\$60	The total Mia would pay is
Deductibles	\$500	What isn't covered		

Note: The member paid amount is subject to out-of-pocket limit. Additionally, If you participate in the HRA, it will pay for or reimburse you for certain qualified medical expenses, up to the balance available in your HRA.

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.

\$2,800

\$1,160