

If you've tried to lose weight on your own, you know how hard it can be. Now you have access to a new weight management program – built to support your long-term success.

Whether you're just getting started or need a fresh approach, you'll get:



Virtual access to doctors, dietitians and health coaches



A plan tailored to your goals and lifestyle



Medication support, if appropriate



Judgment-free, results-focused guidance

START WITH NEMOURS BENEFITS SUPPORT

They will:

- Explain what your benefits include
- Answer questions about eligibility and next steps
- Help you enroll and connect with weight loss experts

Contact Nemours Benefits Support to get started.





benefits4nemours.com

(844) 460-2817

(Monday-Friday, 8:30 a.m.-10 p.m. ET)

